

Session Reflection

	SUN	MON	TUE	WED	THU	FRI	SAT	
CLIENT INITIALS								
SESSION TIME								
CLIENT'S MOs TODAY								
DATA INPUTTED	Y	N	N/A					
NOTE COMPLETED								
TIMESTAMP CONVERTED								
SUPERVISION TODAY?	Y	N						
SUPERVISION TIME				N/A				
QUESTIONS 4 SUPERVISOR								
IDEAS / THINGS TO TRY								
CHALLENGES TODAY								
JOYFUL MOMENT(S) DURING SESSION								
FEELING								
angry confused happy stressed sad frustrated optimistic scared pessimistic joyous content proud inspired elevated worried competent								
I'M PROUD OF MYSELF 4								
REINFORCMENT 4 SELF								